

Ingredients for making sushi

- Rice cooker. You can boil the rice in a saucepan; however it is hard to get it just right. With a rice cooker, it is easy and perfect every time.



There are so many on the market. You can get them at department stores, supermarkets, Asian groceries and on-line.

- Medium grain white rice, sushi rice is delicious too, just more expensive
- Sushi seasoning



- Sushi seaweed. It will say something like Yaki nori. Yaki means grilled, baked or roasted, Nori means seaweed.
- A bamboo sushi mat
- Japanese mayonnaise



- Whatever fillings you wish to add. Some suggestions are tuna, smoked salmon, cooked prawns, cooked chicken (BBQ, teriyaki, butter, schnitzel) avocado, cucumber, grated or finely chopped carrot...just to name a few.
- Kikkoman soy sauce. There are many on the shelves, this is the yummiest. Also wasabi if you like it.

